# MONARCH

Monarch Vol. 3, No. 15 | Saint Leo College – Saint Leo, Florida | January 30, 1975

*Cafeteria Manager Glen Consagra*

## *McDonald Center*

## *Under New Management*

By John Gallagher

After a year of managing the McDonald Center Cafeteria for Interstate United Food Service Company, Mr. Claude Highsmith has decided to go into business for himself in St. Petersburg. In a short interview, Highsmith said that he and his wife had had mostly pleasant experiences with students here.

A few minutes later, I found the new manager, Mr. Glen Consagra, and proceeded to ask him some questions. However, before I could greet him, he abruptly asked, "You don't misquote people, do you?" I humbly reassured him I was not in the habit of misquoting people and we went upstairs to the cafeteria office to begin the interview.

I learned that Mr. Consagra has come to Saint Leo from the kitchens of Eckerd College and U.S.F. Consagra commented on his feelings for students, "My relationship with students has been excellent everywhere I've been." He said he also stated that he felt Saint Leo students were "cordial and friendly." Consagra said he couldn't comment about changes in policy, since he has only been here a short while and hasn't had a chance to "observe the operation enough." He mentioned that he will be here until the end of this semester. After that, his assistant manager, Mr. Bob Woodward, will take over the operation.

Since this was the only information he could offer, I thanked him for his time. On my way out, Consagra turned around in his chair to turn off a concealed tape recorder, which had been taping the entire interview without my knowing it. His last comment was, "I wanted to make sure that I wouldn't get misquoted."

*Letters Sent Home*

## *SGA Consults Parents On College Policies*

By John Gallagher

The SGA will be sending out letters and questionnaires to all parents this week, asking their opinions on several proposed changes in student living. The SGA hopes that all forms will be answered and returned, enabling them to present the data to the Board of Trustees. The SGA will be appealing to the Board, at the annual meeting this March, to persuade them to revise the outdated residence policies here at Saint Leo.

The following is an excerpt from the letter: "With the introduction of the 18 year old majority rights laws, young adults are accepting their responsibilities through political and cultural activism. They have become concerned members of civic groups, involved themselves in political campaigns and have been elected to community offices. We, the students of Saint Leo College, feel that, if we are obliged to accept the legal and moral responsibilities of an adult, we should have the privilege of enjoying the rights of one. Admittedly, Saint Leo College is a private institution and has the authority to set policy and provide for reasonable order in the College community. We are not questioning this right or proposing radical restructuring of policy. We are simply requesting regulation changes that would lead to a more open and appealing atmosphere."

There was some controversy at the last Senate meeting as to the necessity of the "Admittedly, Saint Leo College is a private institution and has the authority . . ." section. Greg Copeland said that the section was an "unnecessary concession" by the SGA. He went on to say that there have been many cases where students have taken a private college to court – and won. Despite this, the Senate voted for the section to remain in the letter.

The questionnaire asks the opinion on three of the ten goals of the SGA. The first item proposes the elimination of the freshman women's curfew. The second item concerns the residency requirement, which the SGA proposes be rescinded. The third and final item proposes equal visitation hours for men and women (Sun. - Thurs. 12 noon - 12 midnight and Fri. - Sat. 12 noon - 2:00 a.m.). There is also a paragraph in the questionnaire, asking the parents for help in obtaining funds for renovation of the men's dorms.

## *Postmaster Explains Lobby HoursCut Back*

Postmaster Christmas explained the new lobby hours of the Saint Leo Post Office to Monarch last week. Christmas stated that he was acting upon a recommendation made to him by the U.S. Postal Inspection Service that the lobby only be open when either the postmaster or clerks are on duty. The recommendation was made as a result of what Christmas termed "a situation for which there is no excuse," referring to his finding "human manure" on the floor of the post office lobby. The postmaster noted that this had also occurred at an earlier date and that he had to draw the line somewhere.

The postmaster stated that he and the clerks are proud of the building and take good care of it. He also stated that, in the past, trash and ash cans have been stolen, as well as a clock that once hung in the lobby.

In acknowledging that the new hours would present an inconvenience to some patrons, Christmas said that most people were willing to accept them, after an explanation of the circumstances. The hours will remain in effect until further notice.

# Trust At Saint Leo In Jeopardy

At Saint Leo we look at our size as an asset. We think that we have something very special in our small numbers. We are easily able to build relationships with many different people on a continuing basis. If you had to describe inter-personal relations at Saint Leo, one would have to say that there is present in people a genuine belief in the integrity and trust all show toward each other.

Like any other belief, it becomes part of you, something that you come to act and depend upon. When that belief is shattered through experience, it becomes an illusion and should be discarded.

A Monarch staff member underwent such an experience last week. While on what he thought to be a routine news assignment, he became the target of a covert and unscrupulous act. Without his knowledge or consent, he was tape recorded. All this, while merely interviewing the new manager of the McDonald Center Cafeteria.

We at the paper find this act to be in extremely poor taste. We find it repugnant to the ethical basis on which we all as individuals conduct our daily affairs. We have nothing but disdain for this action, as it is not in the least respect representative of the atmosphere of the community. We believe that such an act is degrading to the ideals of, and unbecoming to the reputation of Saint Leo College, its staff, faculty, students and administration.

It is our belief that this community deserves more from those who do business and make a profit from us. We feel it only common decency and good manners, as well as an ethical and legal obligation, to inform a person that he is being tape recorded. If there is no malice involved and it is only intended as a means of mutual protection, then why conceal it from one of the parties?

We at Saint Leo are new to such practical applications of electronic paraphernalia, but like the rest of the country, we are well aware of the uses to which this equipment has been put, not so very long ago in Washington. If, as a community, we are to retain our belief that we can enter into a discussion in mutual trust and, if we are to retain respect for each other, then the tape recordings must stop.

**SPECIAL NOTICE!**

The Deadline for Encounter has been extended to March 3. Please submit any literary or artistic creations to Liz Shonter, as soon as possible. Thank You!

Further information may be obtained at Department of Language and Literature or the Monarch office, ext: 220.

**Monarch**

Vol. III January 30, 1975 No. 15

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MONARCH is the official publication of the collegiate community of Saint Leo College. Opinions expressed do not necessarily represent the views of the MONARCH staff, or the College's administration or faculty, unless otherwise stated. Articles, letters to the editor, pictures, display advertisements and other copy should be submitted one week prior to the next publication date.

MONARCH offices are located in Saint Leo Hall (office with the red door). *Correspondence may be directed to P.O. Drawer 2126, Saint Leo, Florida 33574, or phone (904) 588-2121, ext. 220.* MONARCH is distributed free to the college community. Subscriptions to the non-collegiate community are available at the cost of five dollars (five dollars more outside the continental United States). Application to mail at second-class postage rates is pending at St, Leo, Florida.

*Memories Of Freebee*

# Freedom For Who

By Jerry Mulligan

Upon returning to Saint Leo many students noticed that Freebee, the school's mascot, no longer roamed the halls of our institution.

Freebee, for those who never had a formal introduction, was the red spotted canine that had taken up residence in the Saint Leo area. She roamed with a spirit of freedom, she is gone, she is now a part of the past, a part of our heritage. She did not fit in because, unlike most of us, Freebee was free. Where she went we do not know. It has been rumored that those who were challenged by her spirit disposed of her through typical bureaucratic means.

She is gone and she may be the last sign of freedom we ever see. Everyday that we continue our existence on this earth we surrender more of our liberty to the system, (any system).

At Saint Leo, it seems that the members of the community give up more of their liberties than the average being.

It is quite odd that those who decide the laws and philosophy of Saint Leo, those who demand Christian living for students, are not and could never be practicing Christians. Christianity in the true sense of the word means living for the good of all men. Any man who has reached a high administrative position at Saint Leo or any institution has had to compete with a non-Christian attitude. Yet, they still feel it appropriate to make moral judgments for others, simply because they have succeeded in a money-oriented, valueless society

According to the rules of Saint Leo College, it is considered a crime to spend an evening in the same dwelling of a member of the opposite sex. If those who make these moral judgments for all students think it a non-Christian act to have a sexual relationship with a member of the opposite sex, maybe we should check the sexual preferences of said value judges. Although there is no problem with an individual who wishes to have a homosexual relationship, it should not be forced upon those of us who prefer relationships with the opposite sex.

Another interesting value judgment forced upon students concerns that of alcoholic beverage consumption. For some medieval Christian reason, it is considered a crime for students to drink within their private abodes. Instead, if they wish to consume an alcoholic beverage, they must go down to one of the local bars. If one were to draw a conclusion from this Christian situation, it could be said that we are expected to attend daily alcoholic orgies in order to have a simple beer.

Previous to this academic semester, it was possible for those of us who did not want to participate in such Christian activities to seek a dwelling in the surrounding communities. But due to a keen insight of our value judges, it is now a Christian requirement for all those attending the institution to room on campus and follow the morals of those in power.

Day by day, our alternatives to living are dwindling. We are supposedly growing intellectually because of our higher education, yet those who offer this education insist on making all emotional, physical, sexual, sleeping and eating arrangements for us. What possible good is this education doing us?

Freedom and Freebee have left us. We don't know where she is. She may be dead due to bureaucratic values. Our personal freedom may also be dead. But because of those bureaucratic values we cannot even be heard at our own funeral.

To many administrative members of the community, the school mascot is Leo the caged lion. It is very typical for those administrators to consider a de-fanged, de-clawed, de-balled creature as the Saint Leo school mascot. One must ask if the underlying wish of the administrators is to de-fang, de-claw and de-ball the students.

To the students of Saint Leo, Freebee is still our mascot, even though her physical existence may have been terminated due to bureaucratic reasoning, because her spirit lives on within us. Her spirit of freedom is ours and we will continue to fight for it.

# Monarch 'Does An Injustice To Louie O'Gorman, Phi Delta Omega And Journalism

Dear Editor:

Your current article regarding the togetherness of the recently disbanded IFC, in our opinion, not only contains incorrect information but also heavy bias. Miss Shonter's article does an injustice to Louie O'Gorman, Phi Delta Omega, and journalism. Her information, secondary at best, contains some observations which are wholly false.

First of all, she stated that 125 Greeks were there, when no more than 60 were in attendance, ten of whom were members of Phi Delta Omega, an unrecognized fraternity on this campus. Secondly, the title and subsequent article implied that the complete IFC was in accord at the meeting. This is untrue, since at the outset President Bill Breen stated that he did not believe that going off campus would work since, in his opinion, there was not enough support to last any length of time. Also, there was much confusion and arguing as to which path the fraternities would take, making them look extremely disorganized.

From the gist of the debate at the meeting, it is easy to see that the real issue at hand is Phi Delta Omega's entrance into the IFC, not Louie O'Gorman's action, as was emphasized. Finally, Rich Catalano's quotes contained in the article represent the opinion of only a minority and not the stable majority.

Phi Delta Omega wishes to reiterate the fact that we do not want to fight the other fraternities, but instead join them in an attempt to strengthen Greek organization for the benefit of all concerned – the school, the fraternal organization, and the individual fraternities.

Ed Hoener, Phi Delta Omega, Roderick 111

Editor's Note: Information contained in said article was provided by three sources who are members of the IFC, who attended the Monday night meeting and who are persons also concerned with policy making in the organization.

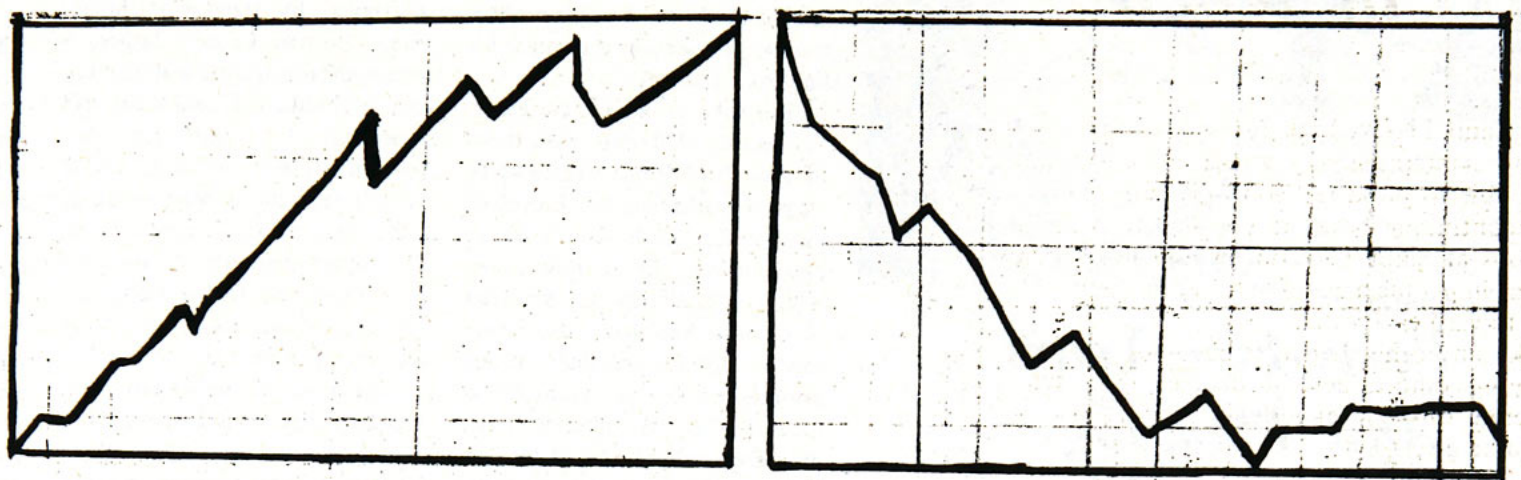
*Satire*

# *What Happened To The First National Fiduciary Amalgamated Cartel*

by Leo Zarifian

Once upon a time a group of concerned individuals decided to form a corporation. This was not a corporation in the usual sense, but rather a cooperative endeavor designed to turn out a marketable product. It was expected by the founding fathers that their product's sale would reap a handsome profit for the business and, as time passed, this came to be so.

A great deal of hard work was put into the manufacturing process. First, only the finest raw materials were obtained by the company's purchasing agent. After this, the utmost care and attention to detail was exercised by the craftsmen who molded these raw materials. Products of inferior quality were weeded out, as it was the company's strict policy to produce only the best. Finally, the marketing of the product was attended to so that the company would gain residual profits for many years to come.



WHILE MANAGEMENTS' SALARY LOOKED LIKE THIS PROFITS LOOKED LIKE THIS...

Word of mouth extolled the product's superiority and soon the public clamored for ownership.

With the sweet smell of success, the founders decided to diversify their operation: some even got out of the original business venture altogether, having enough monetary security to languish in the splendor of apathy. Gradually, the business began to fail. At first, the quality of craftsmanship declined. Then, in order to bolster their operation against sagging profits, the directors decided to use an inferior raw material. As a consequence, inferior products entered the market. When that did not work, a professional management team was brought in to appraise the situation. But this did not work either. As the years went by, one team after another occupied the managers' position. Finally, the entire corporation collapsed: the public having nothing to do with a company whose products were of such low quality.

Moral: If you turn out an inferior product, don't expect your returns to be any better.

# *A Look At Waste At St. Leo*

By Al Love

In the past few weeks there have been many conversations about the state of the school's economy. Most of the talk on campus has been about the 12 notices given out to first and second year faculty members. Granted there is a need for cutbacks here at Saint Leo, but no cuts should be made in the area of a student's education. There are many areas of wasted personnel here and a good look should be made in many areas. One comes to mind immediately.

Being a resident of St. Ed's, one can suddenly see the toilet paper, or lack of it. The ledges in the halls have not been dusted in my three years here (painted over maybe), but not dusted. With all these things to be done, St. Ed's full time cleaner sits on his boxes of toilet paper and reads the paper (looks at the pictures) or sleeps. Do you like a dirty house?

Another area of concern is the college security man who walks all day seeking out students who park their cars over the little yellow line or students who do not have stickers. Well, Dr. Southard's car has no sticker and how many tags has he received? The question here is "Does the income from tickets equal the salary of the ticketer? "

Another area of wasted money is devoted to teachers who leave right after their last class. Where are they when you need them?

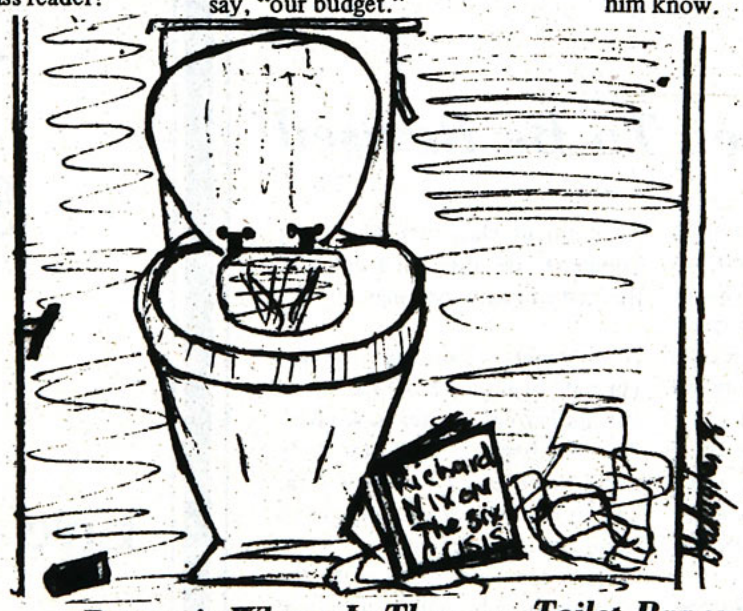
When you have time, count the number of lights on around campus at 3 o'clock in the morning. Do we all need night lights?

How many staff members ride to and from offices and classrooms when they could walk? Is a gas tariff needed?

Another count should be made at the baseball field. How many pieces of sod were laid this year? How many new library books did the library buy this year? Do any of you know a grass reader?

These are just a few things that Saint Leo should be taking into consideration when they start cutting their budget, or should I say, "our budget."

If you see any other areas of waste, drop a line to the president, Dr. Southard, and let him know.




*Damn it Where Is The Toilet Paper*

# *Peterson Announces Eleven Faculty Promotions*

By Joy Shepard

Three division chairmen and the director of physical education were among the 11 faculty promotions announced last week by Dr. Robert H. Peterson, Vice President for Academic Affairs. The promotions are effective at the beginning of the Fall semester, 1975.

Ranking highest with regard to faculty promotions is the Athletic Department. Promoted members are' Mrs. Margaret Hertz, from assistant professor of physical education to associate professor; Norman D. Kaye, director of physical education and intercollegiate athletic, from associate professor of physical education to professor of physical education; Gregory P. O'Connell, from teaching assistant in physical education to instructor; and Marc A. Rabinoff to assistant professor of physical education from instructor.

The Division of Creative Teaching had two advancements. Dr. Rosanne Gmuer, chairman of the division, was elevated to associate professor of education from assistant professor; and Mrs. Charlene Swanson is now an assistant professor of education, as opposed to her previous rank of instructor.

In the Division of Fine Arts, Joseph D. Geiger was promoted from assistant professor of art to associate professor of art.

Dr. James J. Horgan, chairman of the Division of Social Science, was elevated to professor of history from associate professor.

Chairman of the Division of Philosophy and Theology, Dr. James Erpenbeck, is now a professor of philosophy rather than associate professor.

Within the Division of Business Administration, Charles L. Fisk, Jr., was promoted from instructor in business administration to assistant professor.

Also included in the announcement was the assistant technical services librarian, Mrs. Elizabeth Tesar, who has been elevated from instructor to assistant professor.

*Young At Heart*

# *Forty-Five Years And Pledging*

By Rich Daniels

She's about 5'2" and 45 years of age. She lives by Lake Iola and raises horses. She also has three married daughters and one grandchild. She attends Saint Leo and wears a little beany.

Now, if I were to ask you what kind of a person I was describing, you would probably answer that she was a nice old lady with no particular outstanding characteristics.

Fine, that would be a logical answer. Well, the hell with logic! Look closely at that little beany. That's right, this 45 year old grandmother is Shirlie McCauthy and a proud pledge of Phi Tau Omega. Beside her is her big sister, that's right, her Big Sister, Terri.

Shirlie said the whole thing started out as a joke, but then became very real when she was asked to pledge. Shirlie does just about everything any other pledge would do, despite her age. But don't let her age fool you, because she's a very energetic lady. When I asked her if it was very hard, she only replied that her knees had hurt because the night before the sisters had made her walk on her knees.

Although she is enthused on the youth of today, we can all see that Shirlie has sure set a new precedent for the older generation.

# *St. Leo Town*

## *Town Charter To Be Revised*

At the organizational meeting of the Saint Leo town commission earlier this month, Mayor Sister Jerome Leavy appointed newly elected commissioner Greg Copeland to head up efforts to revise the town's charter. In making the appointment, Sister Jerome mentioned that Saint Leo College students in the political science department might be contacted to assist the town in this matter.

Professors Harry Gill, Roscoe Davidson and Charles Savio and volunteers from their various classses are now becoming actively involved in the charter revision. Members of Mr. Davidson's Constitutional Law class and of Mr. Savio's State and Local Government class met with Greg Copeland last Monday evening in the first of many meetings.

A general discussion of the current operations of the town and its current charter took place. The members of the charter study panel were asked for their ideas and to research various aspects of municipal government.

The panel will work with the commission who will later present a final draft to the people for approval in a referendum vote later this year. Citizens interested in working on the charter should contact Greg Copeland or Carol Haberle at the Town Hall (588-2622).

Huckabay

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# *Cabaret Curtain Time Two Weeks Away*

The Saint Leo College Theatre announces its third major production of this season, the smash hit musical – Cabaret.

The city is Berlin, Germany. The time is 1929, before the dawn of the Third Reich. The cast of characters includes the Emcee of the Kit Kat Klub, as played by music senior, Steve Ray. Tony Zangla will portray the character of Clifford Bradshaw, the American novelist seeking material and inspiration for his next book. Ernst Ludwig, the idealistic Nazi politician, will be played by Ken Silkie, a senior in business administration. Carmel Griffin will add her talents to the production as Fraulein Schneider, the lonely widow who has "... a few rooms to rent, poorly furnished." Herr Schultz, the Jewish proprietor of the "... finest fruit market on the Nollendorfplatz" will be played by John Gleason. The role of Sally Bowles, featured vocalist at the Kit Kat Klub, will be portrayed by theatre freshman, Paige Brown. Carmel Jasper, a junior theatre major, will play the role of Fraulein Kost, a colorful character "... who has her patriotic duty to perform," trying to alleviate the loneliness of at least some of the German sailors. The other members of the cast (too numerous to mention) add excitement, spectacle, songs and dances, and romance.

The music was written by John Kander with lyrics by Fed Ebb. The stories of Christopher Isherwood were adapted into the play by John Van Druten, which in turn was developed into the musical "Cabaret" by Joe Masteroff. The stage production was first performed at the Broadhurst Theatre in 1966. It was later adapted into the academy award winning film starring Liza Minelli.

The entire Division of Fine Arts is involved in this production with Dr. Larry Sledge functioning as vocal director and Mr. John Higgins as musical conductor. Mrs. Lois Henry is the choreographer and a Kit Kat Klub dancer. Mr. Jim Miller is the set, costume, and lighting designer. Mr. Dennis Henry is the director.

The box office will accept reservations, starting Monday, Jan. 27 (open from 1 - 4 p.m. Monday - Friday). You may make reservations by calling 588-2121, ext. 326. Tickets will be $4.00 for adults and $2.00 for students. Tickets must be picked up the night of the performance at the door of the theatre BEFORE 8:00 p.m. The curtain time is 8:15. Tickets not picked up at that time will be sold on a first come, first served basis. Seating is limited, so don't be disappointed. Make your reservations early. The production will run each evening at 8:15 p.m., starting February 12th through 15th in the College Theatre.

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***The 19 Inch Color TV And AM FM Stero***
***Is pictured here with its donor Mr. Garrity.***
***The set will be raffled off on Friday February 7***

## *Circle K Undertakes Recycling Project*

The Circle K Club of Saint Leo College is having an aluminum can drive, Saturday, February 1. Headed by Jerome VanGurp, the members of the club will divide up into teams. From 10:00 to 12:00 each team, one team to a car, will search the streets in Dade City for discarded cans. A prize will be awarded to the team collecting the most cans. After the drive, the cans will be taken to the aluminum recycling center in Tampa.

Circle K is also taking part in Lacoochee Elementary School recreational program, which is headed by Bill Armstrong and assisted by Bill Moore. We plan to have members there every Saturday from 9:00 to 12:00 to assist the kids in recreational activities ranging from karate to basketball. There are approximately 125 kids and we try to help them with what they are most interested in. Some like baseball and other like bicycling, so we try to do a little of everything. The chairmen of the recreation committee are Tom Cotter and Jim Hurley.

We plan on having a lot of activities this semester, including a conoe-a-thon headed by Mike Desautels. The money we make from this project will be donated to the multiple sclerosis fund.

PHOTOGRAPHER'S NOTEBOOK

Do you feel that after the re-opening of 'John and Mary's' that the school will ever bring the students back on campus?

Ed Markey:
"The Cage used to be as good as Club '67 because it had the atmosphere of a bar. It was small and attracted many of the students."

Jean Lewit:
"Yes, because sooner or later everyone is going to get tired of John and Mary's, just as they got tired of the Headliner. Then they will come back to campus because of lack of anything else to do."

Paul Gomez:
"Yes, if the attraction is worthwhile."

***Have a nice day***

## *SGA Committees Reorganize*

At the last student Senate meeting, the committees were formed for semester II: finance, spirit, religious, men's food, men's residence hall, women's residence hall, academic affairs, student rights, elections, library and the special committee.

The Senate approved the letters and questionnaires that are being sent home to all the parents (see page one). Steve Guinter, President of the Senior Class, requested $500 from the Senate for Senior Week. He also wanted the SGA to set aside $500 every year for that purpose. The Senate passed a motion to table his requests for two weeks so they could see if the mandatory graduation fee would cover the expense of entertaining the parents.

President Jim Loiacono made a plea for the Senate to work harder this semester. Looking back, he said, "Last semester we kind of slacked off . . ."

## *CUB votes Kolish Return*

## *American Graffiti To Show Here*

By John Gallagher

Last Thursday the College Union Board unanimously voted to bring back "The Effects Kolish," a well known psychic, who performed here last year. Kolish is tentatively scheduled to appear on campus sometime in February.

In other business, it was announced that the movie, "American Graffiti," will be shown in the near future. It will be co-sponsored in part by the senior class, who will collect the proceeds.

Earlier in the month the CUB had voted to send three representatives to the National Entertainment Conference in Washington, D.C., but this week the Board decided that it wasn't practical to sent anyone to the conference. It was announced that the $150 reservation fee could not be refunded. However, Social Coordinator Hazel Whitman will be attending the conference. There was also much discussion about the poor attendance at the Cage and ways to improve it.


**EUROPE BOUND IN '75?**

**wouldn't you rather come with us?**

Last year over 200,000 students summered in Europe. And the travelwise flew on charters because it costs about HALF! This year a 3 - 6 week ticket to London is $512.; 2 - 3 weeker $597. And its $767. for over six weeks from New York. (That's what the airlines say now. Last year there were two unforcast increases!)

Not only do you fly with us at half, but you can just about have your choice of dates for 4, 5, 6, 7, 8, 9, 10 week duration during the summer. And all you have to do to qualify is reserve your seat now by sending $100. deposit, plus $10. registration fee. Under recently new U. S. Government regulations we must submit all flight participants names and full payment sixty days before each flight. If you take the June 21 - August 19 flight to London for example, deposit reserves your seat and April 15 you send the $199. balance. Just one price for all flights whether you pick a weekend departure ($15. extra on the regular fare airlines) or peak season surcharge date.

So send for our complete schedule, or to be sure of your reservation now, mail your deposit for one of our 3 to 5 weekly departures from June through September. Just specify the week you want to travel and for how long. You will receive your exact date confirmation and receipt by return mail. All our flights are via fully certificated, U. S. Government standard jet and all first class service. From London there are many student flights to all parts of the Continent, frequent departures and many at 2/3 off the regular fare.

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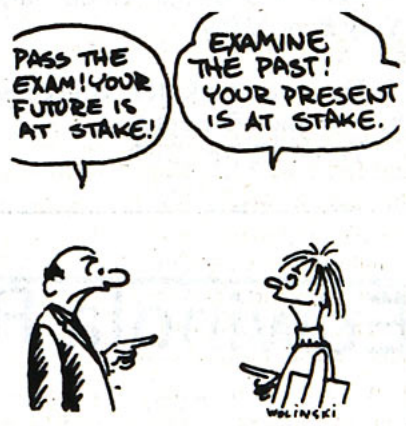



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# FDA Considers Prohibition On Vitimin C

WASHINGTON, D.C. (LNS) – Eighty per cent of the vitamins now commercially available will be reclassified as "drugs" and become obtainable only through a prescription, starting January 1, 1975. This new Food and Drug Administration (FDA regulation has been temporarily delayed until that date so that Congress can hear debate on changing the law.

Many leading nutritional experts, including Dr. Linus Pauling, who is known for his research on vitamin C, feel that the FDA prohibitions are a severe setback for nutritional science.

For example, under the FDA regulation vitamin C with a potency of more than 45 milligrams (150 per cent of the recommended daily allowance) cannot be sold without a prescription. Anything above that is classified as a drug, even though four ounces of orange juice supplies 50 milligrams.

Opposition to the FDA law in the Senate is being led by Senator William Proxmire (D.-Wis.) who has noted that easily accessible vitamins are needed to make up for the lack of nutrition in many of our foods. The FDA though has refused to open up research on the subject of the nutritional value of the available manufactured foods.

In their booklet entitled "Nutritional Quackery" the FDA insists in part, "the truth is that the American food supply is unsurpassed in the world for both quantity and nutritional value – our farming and food processing industries have provided the American people with an ever-increasing variety of wholesome and nutritious foods."

But according to many nutritionists, a large variety of foods in the supermarkets, most of the ready-made breads, cereals, soups, dinners, lunch meats, etc. are less than "wholesome and nutritious." Processed foods contain chemical fertilizers, chemical additives, and preservatives, and often have been cooked in ways that destroy much of their nutritional value.

National Food Supply, a 1966 U.S. Department of Agriculture (USDA) publication, stated that 44 per cent of the average daily caloric intake by Americans was fat which is almost devoid of any vitamin or mineral content. 50 per cent or more of this consumption is in the form of white flour and white sugar, which is highly deficient in nutrients due to the refining process. Less than 10 per cent of the average calories consumed are vegetables, meat, fish, eggs, or dairy products, which should supply close to 100 per cent of our daily essential nutrients.

In 1968, the USDA announced that only 50 per cent of American families had a "good" diet, 30 per cent rated fair and 20 per cent rated poor. This showed a decline in the nutritional value of American dietary habits compared to a 1955 survey made by the department.

The Food and Nutrition Board, which determines the recommended daily allowance of vitamins and minerals is, according to Proxmire "influenced, dominated, and financed by the food industry. It represents one of the most scandalous conflicts of interest in the federal government." At the 1969 White House Conference on Food, Nutrition, and Health, which made proposals for nutritional education, the chaiman, W.W. Murphy, was also chairman of the Campbell's Soup Company.

Proxmire also notes that "with low recommended daily allowances, the food companies which advise the Food and Nutrition Board can print tables on their food packages making their products appear to contain a higher level of nutrients than if higher or optimum levels were established." He adds in another statement, "the FDA and much though not all of the orthodox medical profession . . . are out to get the health food industry and to drive the health food stores out of business."

## MONARCH ASKS YOU

By John Gallagher

Twenty-five male students were asked to answer nine general questions concerning campus services. The results are as follows:

1. Those on the meal plan were asked: "How would you rate the food, all things considered?
Very Good–0% Good–0% Fair–32% Poor–36% Very Poor–32%

2. How would you rate the service in the cafeteria?
Very Good–17% Good–13% Fair–53% Poor–17% Very Poor–0%

3. Would you be on the meal plan, if you had an option? (freshmen only)
Yes–39% No–61%

4. How would you rate the service in the Campus Store?
Very Good–19% Good–74% Fair–7% Poor–0% Very Poor–0%

5. Do you think the books are over-priced?
Yes–92% No–8%

6. Those who have maid service were asked: "How would you rate it?"
Very Good–5% Good–48% Fair–32% Poor–5% Very Poor–10%

7. Do you think the college secretaries are generally helpful and efficient?
Yes–79% No–21%

# Students To Head For Latin America May Tour

This May, Saint Leo students will have the opportunity to combine academic pursuits with sight-seeing, archeological explorations, meandering through the world famous Museum of Anthropology in Mexico City, skin diving off Cozumel, witnessing "corridas," and many other extremely palatable educational events.

According to professors Savio and Fisk, these are some of the proposed offerings to complement the course work in political science and/or economics this coming May session.

Roughly outlined, the tour's major stops are Tampa – Mexico City – Guatemala City – San Salvador – Merida – Cozumel – Teotihuacan, the University City, etc.; Merida for the Mayan religious centers of Uxmal and Chichen Itzá; Guatemala City for Antigua, Lake Atitlan, and the colorful Indian market at Chichicastenango.

Both professors have visited the Yucatan peninsula. Professor Tampa. Interesting side trips within and to the environs of these cities are planned. For example, Mexico City will serve as the base point for trips to Savio on several occasions. They deem the area so interesting that they would like to provide students the opportunity to live in and absorb as much of the culture as possible. To ensure adequate background in the history, culture, economic and political systems of the area, the first 5-6 days of the session will be spent on campus. The price for the entire May session will be roughly $850 - $900, depending on the number of students interested. A deposit of $100 will be required before March 20th for those who decide to go.

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MITCHELL ASKS NEW TRIAL OR REVERSAL

Former Attorney General John Mitchell asked the U.S. District Court in Washington to reverse his recent conviction in the Watergate coverup trial or grant him a new trial.

ADMINISTRATION FEARS SOCIALISM

The Ford administration is establishing a campaign to hold back Social Security benefits and other means of income redistribution. Budget Director Roy Ash was quoted as saying, "It is better not to use the word (socialism), because everybody locks into position, either for or against it, but that is the real issue for the next 20 to 25 years."

## *How They Hanging Mayor*

**News Notes**

(CPS/ZNS)—A 17-year-old California high school girl has been suspended from school for five days, after she interrupted a program designed to entice contestants into entering the annual Miss California Pageant.

Zoe Joyner, a student at Pacifica High School, was among 25 young women who listened to speeches from the current Miss Pacifica, the current Miss California and Pacifica's Mayor Aubrey Lumley, all of them extolling the virtues of entering a beauty contest.

Without warning, Joyner stood up, looked Mayor Lumley in the eye and announced: "Since the important thing about a woman is her measurements, how about you [mayor] telling us the measurement of your penis, so we'll know if you are worth listening to?"

A startled hush fell across the audience. Joyner then walked forward and handed the mayor a tape measure.

Asked later to explain her actions, Joyner stated that "I have extremely strong feelings about this. They don't ask men to line up and compare themselves."

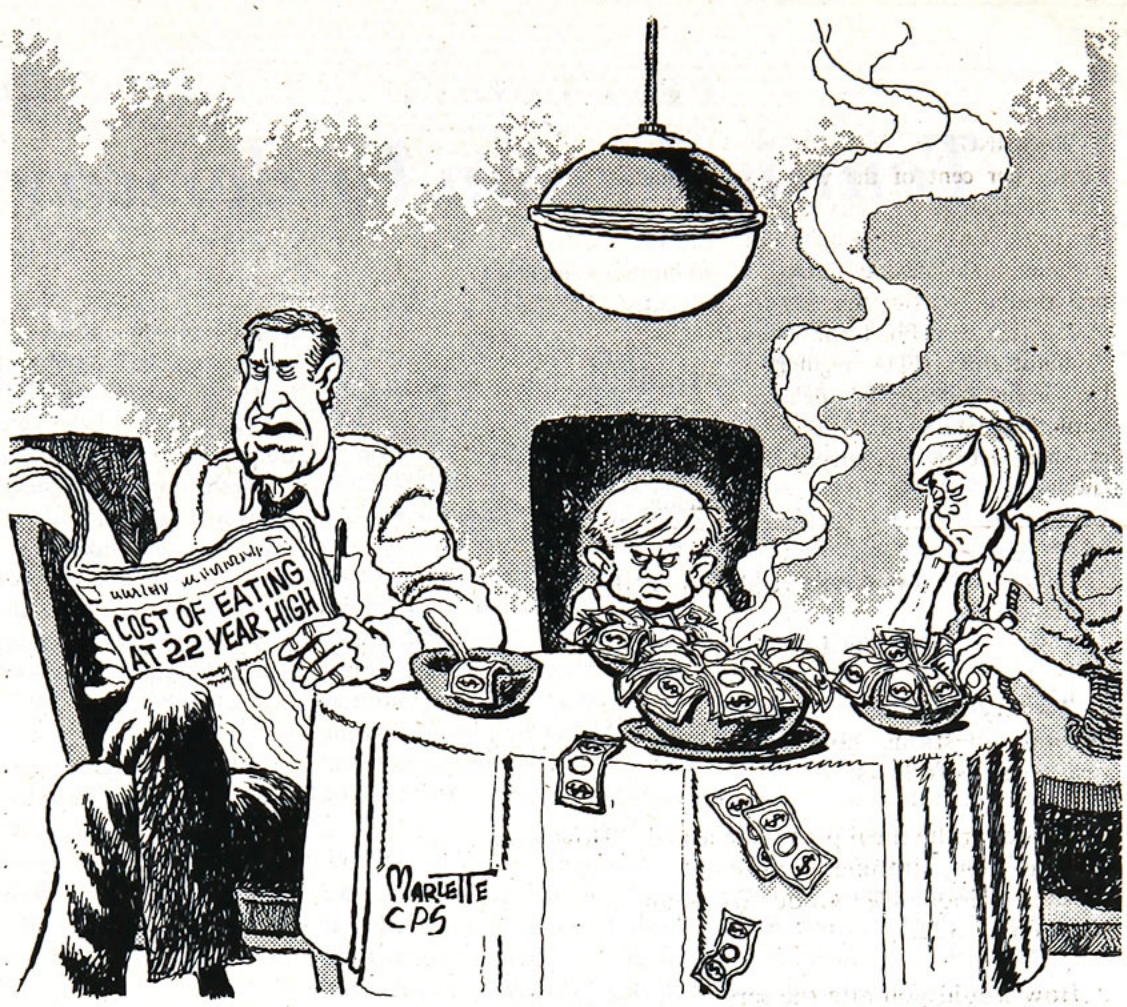
## *AEC Official Resigns: Reactors Unsafe*

WASHINGTON (LNS) – Charging that the Atomic Energy Commission (AEC) is using "wholly unacceptable" methods to judge the dangers in nuclear reactors, a leading AEC safety expert announced September 21 that he was quitting his research job with the AEC "in order to be free to tell the American people about the potentially dangerous conditions in the nation's nuclear power plants.

"In spite of the soothing reassurances that the AEC gives to the uninformed, misled public," asserted Carl Hocaver in his letter of resignation, "unresolved questions about nuclear power safety are so grave that the United States should consider a complete halt to nuclear power plant construction while we see if these serious questions can somehow be resolved."

Hocaver further announced his intentions to work in the future with critics of nuclear reactors – like the Union of Concerned Scientists in Massachusetts and Ralph Nadar – to inform the public of the serious nuclear power hazards.

Hocaver's announcement coincided with an AEC order closing down 21 of the United States' 50 nuclear reactors during the next 60 days to undergo extensive safety checks for cracks in the pipes of their cooling systems.




"BECAUSE IT'S CHEAPER, THAT'S WHY—
NOW SHUT UP AND EAT YOUR GREENS!"

'Hey, Joe! come back to me and my sister!'
- Reprinted from the St. Petersburg Times

ROCKEFELLER BEHIND IN HARRIS POLL

Looking ahead to the 1976 Presidential race, Vice President Nelson Rockefeller is behind Senator Muskie by 50% – 38% and Senator Henry Jackson 50% – 36%. President Ford leads Muskie 46% – 45% and Jackson 47% – 42%.

CHOU SAYS U.S. AND SOVIETS WILL GO TO WAR

Chou En-lai, Premier of China, said in a speech before the National Peoples' Congress that the U.S. and the Soviet Union would eventually go to war with each other. Chou stated, "Their fierce contention is bound to lead to world war some day. The people of all countries must get prepared."

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# Tennis Season Underway

A match against University of Tampa on Feb. 12, marks the beginning of Saint Leo's '75 tennis season. This season takes on an entirely new outlook: the team is basically young and all home matches will be played at the recently constructed "Lake Padgett Bath and Racquet Club" in Land O'Lakes.

Five freshmen qualified in the top ten after a recent Round Robin tournament. A Round Robin is a ranking system compiled after each player competes with everyone else trying out for the team. The latter looked like this last Friday:

1. Nigel Galt, junior; 2. Dave Mikula, freshman; 3. Bob Naefe, freshman; 4. Gary Comp, senior; 5. Ed Mallaney, junior; 6. John Garcia, freshman; 7. Rich Thompson, senior; 8. Mark Fleming, freshman; 9. Mike Hayden, sophomore; 10. Joe Lacy, freshman; 11. Pete Kuhlman, junior.

Nearly half the team are freshmen, two are in the top three. However, Coach Crosby figures that when Kuhlman is released from basketball practice, that he will fit somewhere in the top three.

A junior Ed Mallaney, presently in fifth position, is out for his first year. Ed says he didn't have time to play tennis during his first two years at Saint Leo, but now that he's out he plans on staying out. He's a strong player and displays a sense of experience on the court.

According to Tim Crosby, coach of the team, the Lake Padgett courts will provide better conditions for more competitive playing. Crosby is particularly working on the team's mental abilities this season. He wants the players to maintain concentration and not be shaken by missed overheads, double faults, or missed ground strokes. "These mean nothing," states Crosby, "players should not let them interfere with their concentration."

When Crosby was asked how he would control such a young team, he said that they would have to control themselves. "If players want to go out the night before a game and get stinky, then they will have to be satisfied with mediocrity."

After all things are considered, even last year's record, Crosby seems optimistic. He feels that if works the players' basics and particularly their base line defense, then they wil have a better season.

**1975 Saint Leo Tennis Team Matches**

| | | | |
|---|---|---|---|
| Wed. | Feb. 12 | University of Tampa | Away |
| Thurs. | Feb. 13 | F.A.U. | Home |
| Fri. | Feb. 14 | F.A.U. | Home |
| *Wed. | Feb. 26 | Stetson | Home |
| *Fri. | Feb. 28 | Fla. Southern | Home |
| *Mon. | March 3 | Ball State | Home |
| *Wed. | March 5 | Emory and Henry | Home |
| *Sat. | March 8 | Embry Riddle | Home (noon) |
| *Wed. | March 12 | Eckerd | Home |
| *Tue. | March 18 | Tampa | Home |
| Fri. | March 21 | Stetson | Away |
| Sat. | March 22 | Embry Riddle | Away |
| *Mon. | March 24 | Kalamazoo | Home |
| *Wed. | March 26 | Michigan | Home |
| Fri. | April 4 | Fla. Southern | Away |
| Thurs. | April 10 | Eckerd | Home |

*These matches will be held at Lake Padgett. All home matches will be played at 2:00 p.m.

**EVENTS CALENDAR**

Thursday, Jan. 30 – General Faculty Meeting 4:00 p.m.; Student Senate Meeting 4:00 p.m. Lewis Hall; J.V. basketball Florida College Away; I.M. basketball 8 p.m.

Friday, Jan. 31 – J.V. basketball Florida College Home 6 p.m.

Saturday, Feb. 1 – J.V. basketball Florida Bible College 6 p.m.; Women's basketball Florida Tech Home 4 p.m.; Mass at the Abbey 4:45 p.m.

Sunday, Feb. 2 – Sunday Masses Abbey 7:00 a.m., 11:00 a.m. the College Masses; Priory 9:30 a.m., 10:00 a.m., 7:00 p.m.

Monday, Feb. 3 – Basketball University of West Florida Home; J.V. basketball Central Florida Home

Tuesday, Feb. 4 – Saint Leo Wives Club Meeting Noon; I.M. basketball; Dinucci Stars vs Gross Family 8:00 p.m.; Sleezy Slide's vs Circle K 8:00 p.m.; St. Ed's vs Kappa Theta 9:00 p.m.; Bondy's Tavern vs Stars 9:00 p.m.; Phi Delta Omega vs Hollywood Swingers 10:00 p.m.; Phi Theta Chi vs Cotleis Heroes 10:00 p.m.

Wednesday, Feb. 5 – Basketball Rollins College Home; Women's basketball

Submissions for inclusion on the Events Calendar should be left at the Monarch office two weeks in advance of the event.

*View From The Bench*

# J. V.'s Continue Confidently

By Jude Michael Ryan

After successive victories over Saint John's River College and Florida College, the Saint Leo Junior Varsity finally stumbled Saturday night to a hot shooting Florida Bible College. Still cocky from their previous night's victory, the Mini-Monarchs were unprepared for the Saints and fell by the score of 95 to 85.

The J.V.s are still confident they can have a winning season and, if they do, all credit must go to their new coach, Rich Basirico. Rich's presence seems to have pumped new life into the team and all the players are anxious and ready to play for him.

The varsity managed its second win of the season Saturday night with a victory over Florida Technological University. The Saint Leo fans, who were rabidly calling for someone's head the previous night, were amply satisfied by this thriller with the final score 85 to 84. Dave Church, Jim Daw and Mike Smith returned to the varsity after stints on the J.V. and all three showed they had come to play by their contributions to the Monarch victory.

The next home game for the Saint Leo varsity is February 3 against the University of West Florida.

**SPECIAL NOTICE**

**Free Tickets and Bus to Nader Lecture**

A restricted donation of $150 to the college by the Chairman of the Board of Trustees, Mr. Raleigh Greene, will make it possible for 50 students to attend a lecture being given by consumer advocate, Ralph Nader.

Mr. Nader will be speaking at the Bayfront Center in St. Petersburg on Sunday, February 16, at 8:00 p.m. Free bus transportation to the Bayfront will leave the security office at 6:30 p.m. The number of tickets and seating are limited to 50 persons. Reservations may be made by signing up at the Monarch office in St. Leo hall. Tickets will be distributed upon boarding the bus. Any tickets not picked up by 6:15 p.m. will be distributed on a first come, first served basis. Reservations must be made by Friday, January 31, at 4:00 p.m.

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